

**Serenity Healing Studio** Client Questionnaire

**BASIC INFORMATION**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_

Occupation: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

**CONTACT INFORMATION**

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ mobile

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**

Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

**DOCTOR (OPTIONAL)**

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**ISSUES TO ADDRESS**

Cause of Injury or Concern: \_\_\_\_\_

\_\_\_\_\_ How Long Since First Noticed: \_\_\_\_\_

What are your treatment goals? \_\_\_\_\_

\_\_\_\_\_

Past Treatment \_\_\_\_\_

\_\_\_\_\_

What activities aggravate the symptoms you are experiencing? \_\_\_\_\_

\_\_\_\_\_

What have you noticed relieves the symptoms you are experiencing? \_\_\_\_\_

\_\_\_\_\_

Has a medical professional advised you against any particular activity? \_\_\_\_\_

If Yes, what are your restrictions? \_\_\_\_\_

\_\_\_\_\_

**Additional Concerns or Preferences**

Table Heat (Yes or No) \_\_\_\_\_ Preferred Pressure (light, medium, medium-firm, firm) \_\_\_\_\_

List any other concerns or preferences here \_\_\_\_\_

\_\_\_\_\_

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**EXISTING CONDITIONS** (please circle all that apply)

**RESPIRATORY:** Asthma Shortness of Breath Bronchitis Chronic Cough Emphysema

**CARDIOVASCULAR:** Blood Clots Cold Hands High Blood Pressure Pacemaker Varicose Veins

Cardiovascular Accident Congestive Heart Failure Low Blood Pressure Phlebitis

Cerebral-vascular Accident Heart Attack Lymphedema Stroke Cold Feet Heart Disease

Myocardial Infarction Thrombosis/Embolism

**FAMILY HISTORY:** Cardiovascular Conditions Respiratory Conditions

**SKIN:** Bruise Easily Skin Irritations Hypersensitive Reaction Melanoma Skin Conditions

**HEAD & NECK:** Ear Problems Migraines Headaches Sinus Problems Hearing Loss Vision Loss

Jaw Pain (TMJD) Vision Problems

**INFECTIOUS CONDITIONS:** Athlete’s Foot Respiratory Conditions Hepatitis Herpes HIV Other

**WOMEN:** Gynecological Conditions Pregnancy

**SOFT TISSUE JOINT DYSFUNCTION:** Feet Left / Right Ankles Left / Right Legs Left / Right Knees Left / Right

Hips Left / Right Lower Back Left / Right Mid Back Left / Right Upper Back Left / Right

Arms Left / Right Hands Left / Right Shoulders Left / Right Neck Left / Right

**NEUROLOGICAL:** Burning Numbness Tingling Cerebral Palsy Parkinson’s Herniated Disk Stabbing Pain

Multiple Sclerosis

**MISCELLANEOUS:** Allergies Cancer Dizziness Hemophilia Mental Illness Surgical Pins or Wire Anaphylaxis

Crohn’s Disease Epilepsy Insomnia Osteo Arthritis Rheumatoid Arthritis Diabetes Fibromyalgia

Artificial Joints / Special Equipment Loss of Sensation Osteoporosis Shingles Arthritis Gout Lupus

Digestive Conditions Stress Other Diagnosed Diseases or Other Medical Conditions (List Below)

**ALLERGIES:** \_\_\_\_\_

**OTHER MEDICAL CONDITIONS:** \_\_\_\_\_

**MEDICATIONS:** \_\_\_\_\_

**SURGERIES:** \_\_\_\_\_

**COVID-19: (Have you or anyone in your home experienced the following?)**

Fever of 100° F or higher in the last 24 hours Any respiratory / flu symptoms, sore throat, or shortness of breath

Been in contact with anyone who has had symptoms or tested positive for COVID-19 in the last 14 days

Travelled out of the country or visited an area that is considered a “hot spot” for the coronavirus in the last 30 days

**I affirm that I have notified my therapist of all known medical conditions and injuries.**

**I agree to inform the therapist of any changes in my health and medical condition.**

**I have also signed the informed consent Client Waiver Form.**

Client Signature\* \_\_\_\_\_ Date\* \_\_\_\_\_